



**Taekwondo America
of Richmond**

804-747-5425

www.RichmondTKD.com

*We Welcome Our New
Members:*

Grayson Clark

AJ LaMotta

Tammie Newland

Brendan Wilbur

Emma Wilbur

Jamie Wilbur

Miranda Wiznerowicz

Mark your Calendar...

June 8 NO MORNING CLASS

All Ninjas and Dragons are invited to visit us at the Short Pump Pals Meeting at 11:00 a.m.

June 9-11 Promotional Testing

June 17 & 18 Forms Clinics & School Spirit Days

June 25 Dad's Class & Hooters

July 17 Regional Tournament in Blacksburg, VA

July 31 Ladies Class and Lunch

Aug 11-13 Promotional Testing

Aug 2-6 TA of Richmond's 1st Summer Day Camp

AWARD CEREMONY

WEDNESDAY, JUNE 16

White-Orange Belts 6:00 p.m.

Green and Above 6:30 p.m.

Wear full white uniform and belt.

If you are unable to attend your award ceremony, you will receive your belt in your next class.

JUMPstart

June 2010

Taekwondo Camp 2010

TAEKWONDO FUN AND GAMES IS COMING AUGUST 2-6! Kids ages 6-10 will not want to miss this awesome summer day camp! We'll help you (and MOM) break the bored from your summer with TAEKWONDO fun and games, including plenty of DODGEBALL, make-your-own SNACKS, CRAFTS, and we'll even produce OUR FIRST EVER TAEKWONDO VIDEO! This camp will be held right here in our studio and is limited to the first 14 kids. At this time, we have only 6 spots left. Don't wait....SIGN UP TODAY! This camp is offered for both students and non-students, so invite your friends! Registration is \$90 for members and \$110 for non-members.

PROMOTIONAL TESTING June 9, 10, 11

Wed, June 9 5:30 Dragons & Ninjas (note the change) 6:15 White, Yellow, Orange JUNIORS ONLY

Thurs, June 10 6:15 Green, Purple, Blue JUNIORS ONLY and MAKEUP TESTING

Fri, June 11 6:00 Brown Belts and Above JUNIORS and ALL ADULTS

All students must register for testing by June 5, including students with prior no-changes. **Effective this testing cycle, Brown belts and above who wish to use wood for testing must submit this request with their testing registration.** Testing fees are as follows: Dragons (includes Ninjas testing up to Dragons) - \$25, White-Orange Belts - \$35, Green - Red Belts - \$50, Black Belts - \$75. If you are unable to make your testing date due to extenuating circumstances, please see Mrs. Scott immediately to schedule a makeup testing.

Thanks to all the MOMS who joined us for classes throughout the month of May. We hope you had a good time and will be back to join us on a regular basis soon! The Ladies Class and Lunch was wonderful for those who attended. Next Ladies Class and Lunch (destination TBA) will be July 31. Please plan to join us!

Okay DADS, now it's your turn! May was for Moms and now all Dads get a chance to come join us for **FREE CLASSES** all month! You'll enjoy kicking and punching away all that stress and have fun doing it. Your wife will say you're a better husband, your kids will say you're a better Dad. You'll say you feel more relaxed than ever (and maybe a bit sore too.)

Friday, June 25 will be an all DADS (Men only) class followed by a trip to Hooters. Don't let Mr. Scott down—make plans now to attend!



White, Yellow and Orange belts, We Want You! I know many of you are thinking you can't possibly be ready for a tournament. You just began, right? NO! Our tournaments are wonderful in that everyone is divided by rank and age. White belts compete with other white belts, yellow with yellow, and so on. Also, because all of our schools test at the same time, everyone is equal within their rank. The best time to compete is NOW. Whether you've just begun or are a high rank Black Belt, there is a spot (and a medal) for you! Registration forms will be available soon. Don't miss out!



REGIONAL TOURNAMENT IN BLACKSBURG, VA



We've got SPIRIT!...DO YOU? The next Regional Tournament will be July 17 in Blacksburg, VA As most of you know, we only have 2 regional and 2 national tournaments per year. This one is being sponsored by our very own Virginia schools (which also puts us back into our hometown territory) and we want to show off our awesome RICHMOND SPIRIT! Of course, we would love to take every student, but since we realize you won't ALL go (you claim you have vacations and jobs to do), our goal is 80 students. If we can beat that goal, we'll have an ice cream party. So what are you waiting for? Make plans now to attend this July Regional tournament! "We've Got SPIRIT, Yes We Do! We've Got SPIRIT, How 'bout YOU?" Remember that all students must attend at least 3 events prior to testing for their 1st Decided Black Belts. Our next event will be in September in Kentucky. Registration forms will be available soon!

TESTING REQUIREMENTS

All yellow belts and above must have the TA patch, Richmond school patch, and back patch on their uniforms.

All orange belts and above must have the TA co-branded sparring gear at testing. Any student without gear will not be allowed to test. All gear should be in good condition and please make sure it fits!

All students must wear the full white uniform (Ninjas wear full black) at testing. Females must wear a white t-shirt under the uniform. Any other student who chooses to wear a t-shirt under the uniform must wear a white shirt. All uniforms must be clean and neat in appearance. All students must have their belt at testing.

Any student who cannot make the scheduled testing date may schedule a makeup testing with Mrs. Scott. Makeup testing must be held prior to the scheduled testing date. **Red belts and above may not perform a makeup testing.** If you are unable to make this testing, you may choose to test with another TA school if you wish.

Please see the start up information pack for the minimum number of classes required for each rank. Any student who is unsure if he/she will be eligible for testing due to class requirements and stripes should see Mr. or Mrs. Scott for evaluation and/or for additional help. We will be happy to offer private classes for any student who needs additional help.

Brown belts and above are required to break boards as part of their promotional testing. Students doing 2 different kick techniques must use both legs. Failing to break boards at testing is an automatic no-change and these students will not be called. Any other student who does not pass testing for any reason will be called within the first 48 hours after testing.

Black Belts are required to break wood at testing. Brown and Red belts may choose to break plastic or wood. However, those who choose to break wood must submit their request with their testing registration.

FORMS CLINICS & SCHOOL SPIRIT DAYS	SUMMER MORNING CLASSES	FUN FRIDAYS (FOR OUR HIGH RANK STUDENTS)
<p>To make sure everyone is ready for the July tournament, we will be offering jump-start forms classes on June 17 and June 18. These classes will be dedicated to learning new forms and preparing for the tournament. We'll also celebrate the end of school with games and prizes. Students are encouraged to wear their school spirit shirts to celebrate. (Yes, your school shirt not TA shirts.) Whether you're a new rank or a senior rank, make plans to join us!</p>	<p>Beginning June 22, ALL JUNIORS may also come to class on TUESDAY AND THURSDAY MORNINGS AT 10:00! These classes are being added to the regular schedule to accommodate our summer numbers and give you more flexibility in your day. All students should still attend 2-3 classes per week (at least 1 must be rank specific) and should try to refrain from coming two times in one day. To view the full schedule, visit our website at www.RichmondTKD.com.</p> <p>ADULT CLASS WILL BE HELD AT 11:00 ON Tuesday and Thursday mornings beginning June 22..</p>	<p><i>JUNE 18 FORMS (AND GAMES AND PRIZES)</i></p> <p><i>JUNE 25 SPARRING GAMES—BRING YOUR GEAR!</i></p> <p><i>JULY 2 TAEKWONDO GAMES /WEAR RED, WHITE AND BLUE</i></p> <p><i>JULY 9 TOURNAMENT PREP</i></p> <p><i>JULY 16 NO CLASS DUE TO TOURNAMENT</i></p> <p><i>JULY 23 BACKWARDS DAY—WEAR YOUR T-SHIRT AND BELTS BACKWARD AND WE'LL HAVE FUN DOING TAEKWONDO BACKWARDS (YES, DODGEBALL WILL BE FIRST!)</i></p> <p><i>JULY 30 BOARD BREAKS</i></p> <p><i>AUG 6 TEST PREP</i></p>

JUNE 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4	5
NO CLASSES MAY 26-JUNE1 DUE TO BLACK BELT CONFERENCE			Regular Class Schedule Resumes			Last Day to Register for Testing
6	7	8	9	10	11	12
			PROMOTIONAL TESTING (no regular classes)			NO CLASSES
13	14	15	16	17	18	19
	NO CLASSES	J. Scott Graduates! NO CLASSES	Award Ceremony 6:00 & 6:30	JUMPSTART FORMS CLASSES REGULAR SCHEDULE	FUN FRIDAY: FORMS REVIEW AND TEST PREP	
20	21	22	23	24	25	26
		MORNING CLASSES BEGIN Juniors 10:00 Adults 11:00		MORNING CLASSES Juniors 10:00 Adults 11:00	7:15 DADS CLASS (ALL MEN) AND HOOTERS FUN FRIDAY: SPARRING GAMES:	
27	28	29	30	1	2	3
		MORNING CLASSES Juniors 10:00 Adults 11:00		MORNING CLASSES Juniors 10:00 Adults 11:00	FUN FRIDAY: TAEKWONDO GAMES: WEAR RED, WHITE, BLUE	

Happy Birthday to: 2-Justin Scott; 5-Paul Board; 6-Michael & Aislinn Powell; 7-Eddson Estrada; 9-Will Craver; 12-Celine Tran; 21-Brendan Shepherd, Rajiv Tumala; 23-Maria Gyurik; 27 Sean Cooper